Navigate your Future – For key stage 3
Ensuring students are well equipped to make informed choices about their future

Navigate your Future is a package of pick and mix workshops for key stage 3 students, designed to support schools to ensure students are prepared for the opportunities, responsibilities and experiences of future life.

“By the age of 14, all pupils should have accessed and used information about career paths and the labour market to inform their own decisions on study options. They will need the support of an informed adviser to make best use of available information.” Good Career Guidance, Benchmark 2 (The Gatsby Charitable Foundation 2014)

The Navigate your Future workshops enable students to develop and practice key employability skills, identify options, investigate careers and labour market information. This is complimented by the support of a Youth Connexions adviser with up to date knowledge of the local labour market through extensive work with employers.

Workshops encourage students to:
• Develop and practice essential employability skills such as teamwork, communication and problem solving
• Develop resilience and positive thinking
• Explore future options and the steps needed to achieve these
• Understand how to brand themselves as a product and identify the skills employers are looking for
• Explore careers in the 21st Century and how the labour market is changing

The sessions will support schools’ careers and work related education programmes in meeting the three main outcomes of the best practice framework of the Career Development Institute (CDI): Self-Development, Finding out about the World of Work and Skills for Careers Management and Employability.

Navigate your Future covers the following areas of learning from the CDI framework:
• Self-awareness
• Self-determination
• Investigating work and working life
• Preparing for employment
• Identifying choices and opportunities

“I have learnt what subjects I would need to take at GCSE to get the job I want” (Year 8 student, Stevenage 2016)

“I enjoyed how we got involved in a fun way and talked about lots of different jobs and careers” (Year 8 student, Stevenage 2016)

“I enjoyed making my dream board; I now have goals to work towards” (Year 8 student, Broxbourne 2016)
Key outcomes from the engaging and interactive Navigate your Future sessions matched to the CDI framework include:

**Self-Development**

**Reach for the Summit – Building aspirations & resilience**
- Understand the meaning of aspiration and be able to give examples
- Explore your own aspirations and set short-term and long-term goals
- Understand the steps to take to achieve your goals/dreams
- Understand the importance of building resilience and positive thinking

**The Skills Map – Skills and qualities**
- Understand the difference between a skill and a quality
- Be able to identify some of your own skills and qualities and how these relate to different jobs
- Understand how to brand yourself as a product
- Explore which skills and qualities you need to develop and how

“I have learnt that I should work hard to achieve my dreams” (Year 8 student, Broxbourne 2016)

**Finding out about careers and the world of work**

**Careers Expedition – Investigating careers and labour market information (LMI)**
- Understand how the labour market is changing
- Identify which jobs are increasing and which are declining
- Know about opportunities in your local area
- Explore different job families and name jobs within these
- Know how to research jobs you are interested in

“Very engaging, with a good presentation and range of activities” (Teacher, Stevenage, 2016)

**Skills for careers management and employability**

**Project Basecamp - Teamwork, communication and problem solving**
- Understand what makes a good team
- Practice teamwork, communication and problem solving skills
- Gain an understanding of why these skills are important and how they might be used in the future

**Pathways Explorer – Identifying options, choices and opportunities**
- Identify what is important when making decisions
- Learn about and practice decision making techniques
- Explore future options including sixth form, college, apprenticeships and university
- Explore what you want from the future

“It was very interactive which meant we could get involved and it helped me to understand that you can learn valuable skills from different subjects” (Year 8 student, Stevenage 2016)

“I enjoyed the fact that I now understand fully what I need to do to achieve my goal in life” (Year 8 student, Broxbourne 2016)

For more information or to purchase our services
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